



Prevent the Spread!

For the safety of Food Bank staff, volunteers and clients we are operating under the following guidelines:

Before you enter the Food Bank:

- Have you or anyone in your household had a fever and cough or shortness of breath within the past 72 hours? ***If yes, DO NOT ENTER THE FOOD BANK.***
- Have you or any close contact tested positive for COVID-19 or influenza? ***If yes, DO NOT ENTER THE FOOD BANK.***

*Note: Please do not jeopardize the operation of the entire MCFB by possibly bringing the virus to work. Error on the side of caution and stay away if you have any question that you may not be well. Thousands of people are depending on us, don't put them at risk by shutting us down.

While at the Food Bank:

- Wash your hands* immediately upon entering the Volunteer Lounge, prior to touching anything.
- Wash hands* again before starting the volunteer project or work task.
- Wash your hands* ***before*** taking a break in the Volunteer Lounge.
- Wash your hands* before ***returning*** to work.
- If you sneeze or cough, do so into your elbow or a tissue, then immediately discard tissue in a garbage can or toilet. Wash your hands* immediately upon using a tissue. Self-assess for fever and cough.
- Maintain a 6-foot personal space perimeter whenever possible.
- No physical contact! Emotional and virtual contact only.

We reserve the right to ask anyone to leave for the safety of our operation.

***Hand washing** must be a minimum of **20-seconds** in duration WITH soap AND water, **or it doesn't count!** A full minute of washing is even better. Hand sanitizer is a second choice, but it's not as effective and is currently in short supply.